



235 Yorkland Blvd., Suite 1201
Toronto, ON M2J 4Y8
BreakthroughT1D.ca



235, boul. Yorkland, bureau 1201
Toronto, ON M2J 4Y8
PercéeDT1.ca

Breakthrough T1D Canada 2026 Mental Health and Community Grants Program

Project Details

Project Title

Total Amount
Requested from
Breakthrough T1D

For Admin Use Only (will not be used in evaluation of the proposal)

How did you learn
about the Community
Grants Program?

Key Contact Details for lead organization; please name two individuals to serve as contacts

Main Contact

Secondary Contact

Name

Role/Title

Email

Address

Phone number

Organization Details

Organization Name

Mailing Address

Website URL or
Social Media Account

CRA Registration #

*(Business or Charity,
if applicable)*

Organization
Background (max. 200
words)

*Provide an overview of your
organization and its goals
(e.g. mission statement,
strategic priorities, goals,
population served, etc.)*

Partnering Organization Details (if applicable)

If more than one partner organization will be involved, please append their details on an additional page

Organization Name	
Mailing Address	
Contact Name	
Email Address	
Phone Number	

Executive Summary of the Project (max. 200 words)

Provide a statement summarizing the relevance and proposed outcomes, deliverables, and impact of the proposed program.

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Target Audience	
Anticipated Reach (estimated number of people engaged/ supported by project conclusion)	
Project Delivery Style	Virtual <input type="checkbox"/> Hybrid <input type="checkbox"/>
	In person <input type="checkbox"/> Other: <input type="checkbox"/>
Please define the intended audience for your program and a description of unmet need in that population (max. 200 words)	

Background (max. 200 words)

Please expand upon the issue or challenge that your project aims to support or address. If an existing program will be adapted or expanded through this funding, share historical successes and a rationale for expansion to include a mental health and T1D component.

Project Details (max. 500 words)

Explain the project that is being proposed or fulfilled, ideally with a timeline, framed within the 18-month funding window. You may append 2 additional pages of tables and/or figures as required.

Community Engagement (max. 200 words)

Please describe how you will engage the T1D community to plan/develop/deliver your project. Including methods for outreach and recruitment.

Dissemination Plan (max. 200 words)

Please include your strategy for dissemination/promotion, including:

- The dissemination platform(s) you will create or leverage (e.g., a project website, dedicated social media accounts, an event, newsletters, webinars, printed materials),
- Your approach to promoting the project and engaging in the T1D community,
- As applicable, plans for ensuring sustained information sharing beyond the initial implementation period.

Project Metrics (max. 200 words)

Describe how you will measure outcomes for the project. Examples of impact measures include: number of participants, number of impressions, participant feedback, etc. You may append 1 additional page of tables and/or figures as required.

Project Milestones (max. 200 words)

Provide **3 to 5 key milestones** that represent progress towards the goals of the project. Each milestone should include a brief description and an estimated completion date.

Resources (max. 200 words)

Describe the unique resource(s) or talents that your organization can provide or utilize to benefit the T1D community. Please also describe any additional support (cash or in-kind) confirmed or anticipated for the project. You may append letters of support confirming these contributions

Future (max. 150 words)

Explain future goals and potential to scale up the program/project, beyond the granting period.

Additional Attachments

You may append up to 3 additional elements as a single pdf:

1. Tables and Figures (max 3 pages)
2. References (max 1 page)
3. Letters of Support (max 3 letters)

Budget (attached template)

Proposed projects may request a maximum of **\$35,000 CAD** over a maximum time period of 18-months. Budgets should also include the source and value of any additional commitments to the project, including cash and in-kind contributions. The budget should provide a breakdown of project cost allocations and a detailed justification for each line item.

Ineligible costs

- Salary and wages unrelated to the proposed project's activities;
- Travel over and above the lowest fare possible;
- funds for lobbying;
- academic tuition fees;
- general office supplies or equipment;
- computers and laptops;
- financial analyst costs;
- accountant costs;
- rent;
- office telecommunications (including phone plans);
- advertising costs (unless related to promotion of a program associated with the project);
- patent applications; and
- indirect costs for fee-for-services, consultants and contractors.

Budget Details			
	Description	Total Budget	Request from Breakthrough T1D
Personnel <i>List the names and roles of all personnel involved in the program/project. Salaries and wages may only be requested for activities related to the proposed project.</i>			
Supplies <i>Itemize supplies and briefly explain why they are needed.</i>			
Other Costs <i>Itemize other expenses by major categories, such as printing, video costs, travel, etc. Justify all items, explaining for what purpose they will be used.</i>			
Dissemination <i>Include costs associated with the project's dissemination plan, such as maintaining a dedicated platform (e.g., website, social media, an event, newsletters), promotional activities, and resource sharing. It is recommended that at least 15% of the total budget be allocated to dissemination.</i>			
TOTAL			